Stained Glass Window of St. Blaise, Chapelle Notre-Dame-de-Lhor, Moselle, France
Back in Spain, a group of us young adults did a Holy Hour every week where we had Eucharistic Adoration. We prayed in groups instead of alone, trying to feel closer to Jesus. It was also a great opportunity for all of us to feel peace for a moment in our busy and sometimes overwhelming lives.

**HOLY HOUR**

**HAKUNA BOSTON**

WEⅭEDNESDAYS AT 3:30 PM

Each week, we will come together at St. Francis Chapel for one hour in front of the Blessed Sacrament. Once we are all together, we’ll pray together in different ways: we sing songs, we read one passage of the Bible or the day’s gospel, we read a short meditation about the passage, and pray in silence. We will do it mixing English and Spanish so we can create a bilingual community.

Anyone can come and it is a wonderful way to pray as a community, in front of the Blessed Sacrament. This was a very helpful tool for our spiritual lives back in Spain, and we want to keep the tradition alive here.

We would be happy to reach people from all around the world!

Here is a list of some of the songs that we sing together during Holy Hour:

- Lord I Need You – Matt Maher
- Hold Us Together – Matt Maher
- Spirit Move – Kalley Heiligenthal
- Not In A Hurry – Will Reagan
- Pasion de Dios – Hakuna Group Music
- Siempre Imaginé – Hakuna Group Music
- Vine a Adorarte – Visión Juvenil
- No Hay Lugar Más Alto – Miel San Marcos

Please fill out one of the blue cards in the chapel entrance and drop it off at the Gift Shop.

Thank you for your continued support. God bless you!
St. Blaise was the bishop of Sebastea and a doctor. The first known record of the saint's life comes from the medical writings of Aëtius Amidenus, where he is recorded as helping with patients suffering from objects stuck in their throat. The healer then, eventually, became a "physician of souls." He retired to a cave, where he remained in prayer. People often turned to Saint Blaise for healing miracles.

In 316, the governor of Cappadocia and of Lesser Armenia, Agricola, arrested then-bishop Blaise for being a Christian. On their way to the jail, a woman set her only son, who was choking to death on a fish bone, at his feet. Blaise cured the child, and though Agricola was amazed, he could not get Blaise to renounce his faith. Therefore, Agricola beat Blaise with a stick and tore at his flesh with iron combs before beheading him.

In another tale, Blaise was being led to the prison in Sebastea, and on the way came across a poor old woman whose pig had been stolen by a wolf. Blaise commanded the wolf return the pig, which it did -alive and uninjured - to the amazement of all. When he reached Sebastea, the woman came to him and brought two fine wax candles in an attempt to dispel the gloom of his darkened cell.

Saint Blaise is often depicted holding two crossed candles in his hand, or in a cave with wild animals. He is also often shown with steel combs. The similarity of the steel combs and the wool combs [is the main reason St. Blaise is] the patron saint of wool combers and the wool trade. — from catholic.org
The Oblates of the Virgin Mary is an international religious community of priests and brothers serving in Italy, France, Austria, Argentina, Brazil, Canada, Nigeria, the United States and the Philippines. The Oblates are involved in retreat and parish missions, spiritual direction, parish work, the mass media, clergy formation, and the foreign missions.

The US Province of the Oblates of the Virgin Mary is dedicated to St. Ignatius of Loyola, and includes communities in Massachusetts, Illinois, Colorado, California and the Philippines.

The OMV US Province House is at St. Clement’s in Boston.

The OMV motto, “Mariam Cogita, Mariam Invoca” “Think of Mary, Call on Mary” is taken from a homily by St. Bernard.