Beginning on July 8, 2015, the Lanteri Center for Ignatian Spirituality in Denver, Colorado, will host its three-summer, integrative formation program for men and women discerning a call to become a spiritual director.

There are two prerequisites for admission to this program:

1) Be presently in spiritual direction.

2) Have experienced at least an eight-day directed Ignatian Retreat. Candidates should make the full Spiritual Exercises before the second summer of the program.

Continuing discernment of a candidate’s call to be a spiritual director would take place over the full year of formation. The final discernment would be made by the Lanteri Center for Ignatian Spirituality.

Each applicant will be asked to fill out an application form and submit two letters of recommendation, as well as be interviewed before acceptance into the program.

To Register and for Further Information:

Contact Kay Davis at
Lanteri Center for Ignatian Spirituality
416 22nd Street
Denver, Colorado 80205
303-298-1498,
Email: lantericenter@aol.com
Website: www.lantericenter.org

Our program will be held at the Loretto Retreat Center, conveniently located Southwest of Denver. Its location allows for a panoramic view of the mountains to the west, and of Lake Marston to the South. The surrounding grounds provide natural beauty and opportunity for a peaceful stroll on a lovely walkway or restful time on benches along the way.

Summer 2015 Tuition: $1080
Room and Board: $1050

Other required courses (if needed): Introduction to Theology (online): $150.00

Each candidate would be responsible for compensating their supervisor, as well as their transportation to and from Denver.
First Summer

The first summer session will be held from July 8-22, 2015 and will cover the initial phase of our present formation program. It will equip the candidate with the necessary tools to begin a spiritual journey with a fellow Christian. These tools will aid the one accompanied to learn to pray with the Word of God, to become increasingly aware of the different spiritual movements in his/her life as disciples of Jesus, to mature in the call to holiness, and to grow more interiorly free and responsive to the Lord’s call. Topics studied include:

- Compassionate Listening and Qualities of a Helping Relationship.
- Feedback, Transference, Movements and Counter-Movements.
- Feelings and Images of God and Self.
- Exploring the Pray-er’s Personal History, Review of Prayer and Journaling.
- Consolation/Desolation, Dealing with Obstacles, Temptations and Dryness.
- Stages of Life and Stages in Spiritual Growth.
- Relationship between Psychology and Spiritual Direction, Personality and Prayer.
- Theological Foundations of Spiritual Direction.
- Discerning God’s Will and Discernment of Spirits
- Stages of Life and Stages of Spiritual Growth
- Consciousness Examen and Particular Examen
- Code of Ethics and Referrals

Following the first summer session, a candidate would begin to journey, under supervision, with another in spiritual direction. He/she would also be followed by our academic advisors.

Second Summer

This session comprises a review of the first summer’s material in light of the student’s experience of spiritual direction in the intervening months and is meant to help the students integrate what they experienced as a spiritual director. We then instruct on the following themes of the Spiritual Exercises:

- St. Ignatius of Loyola, Person and History
- Principle and Foundation
- The First Week Exercises
- Rules for Discernment of Spirits
- The Second Week and Contemplation
- The Call of the King and Two Standards
- Discerning God’s Will
- Third and Fourth Week Exercises
- Contemplation to Attain Divine Love
- Rules for Thinking with the Church

Third Summer

After the second summer session, the candidate would lead someone in the 19th Annotation Exercises (from approximately September to May). This would be done under supervision and followed by an academic advisor from the Lanteri Center.

In view of having led someone in the Spiritual Exercises, during the third summer session we review the student’s experience directing the Exercises, review pertinent Ignatian themes and theology, as well as cover further material for the ministry of spiritual direction and guiding the Spiritual Exercises.

The following additional subjects will be covered:

- History of Christian Spirituality
- Human Sexuality and Prayer—Masculine and Feminine Spirituality
- Spiritual Direction and Inner Healing
- Guilt, Shame and Scrupulosity
- Forgiveness
- Suffering, Grief and Loss
- Spiritual Direction in the Second Half of Life
- Spirituality of Work